#### HOMELESS POLICY DEPUTIES MEETING AGENDA

#### DUE TO THE CLOSURE OF ALL COUNTY BUILDINGS, MEETING PARTICIPANTS AND MEMBERS OF THE PUBLIC WILL NEED TO CALL INTO THE MEETING.

Date: Thursday, November 10, 2022

Time: 2:00 PM

Microsoft Teams Link: Click here to join the meeting

Teleconference Number: <u>+1 323-776-6996,,498852877#</u> (Ctrl+Click to follow link)

#### THIS TELECONFERENCE WILL BE MUTED FOR ALL CALLERS. PLEASE DIAL \*6 TO UNMUTE YOUR PHONE WHEN IT IS YOUR TIME TO SPEAK.

Agenda Item	Lead		
I. Welcome and Introductions	Isela Gracian, Second District		
II. Homelessness and Mental Health	Maria Funk and La Tina Jackson, DMH		
III. Homekey Update	Elizabeth Ben-Ishai, CEO-HI		
IV. Items Recommended for Future Discussion			
V. Public Comment			

Next Meeting: December 8, 2022

# LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

INTERSECTION OF HOMELESSNESS & MENTAL ILLNESS



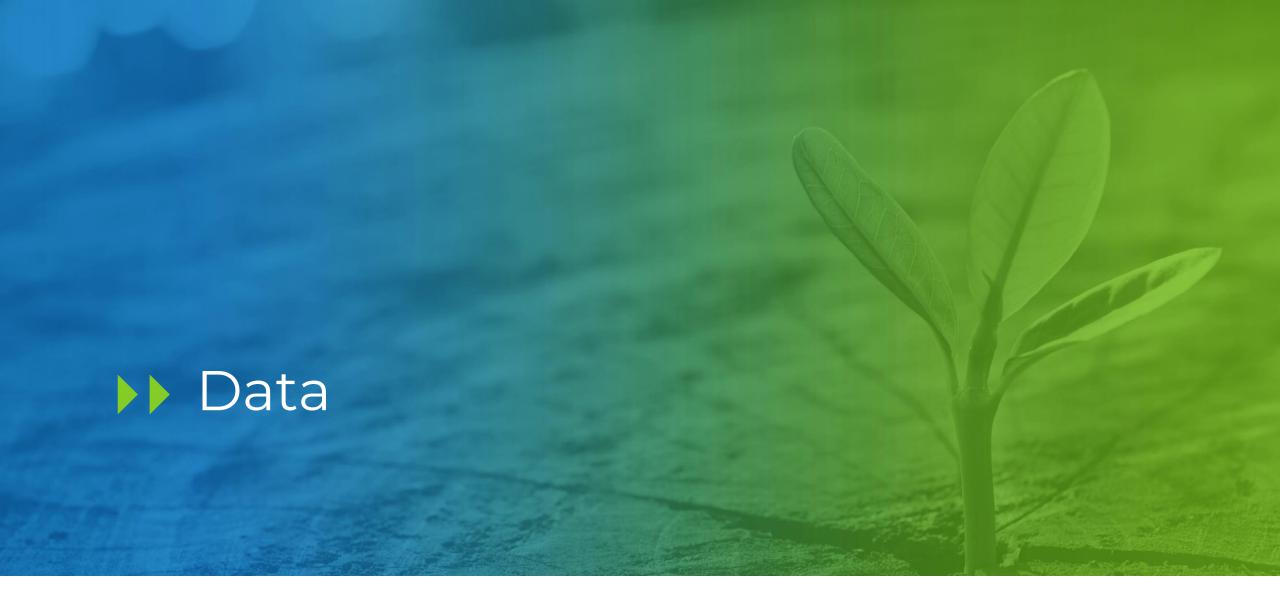
Maria Funk, PhD
Deputy Director, Housing & Job Development Division

La Tina Jackson, LCSW
Deputy Director, Countywide Engagement Division



### Agenda

- Data on Homelessness and Mental Illness
- DMH Target Population
- Access Points
- Mental Health Service Programs
- DMH Housing Resources





#### Data on Homelessness & Mental Illness

- 2022 Point-In-Time Homeless Count 25% of PEH self-report Serious Mental Illness
  - 15,499 Total
  - 11,588 Unsheltered
  - 3,911 Sheltered
- On average, DMH serves approx. 250,000 County residents of all ages every year.
  - Approx. 1 in 5 or 20% of people served by DMH are homeless.

## California Policy Lab 2022 - Prevalence of Serious Mental Illness Among Unsheltered PEH

#### Key findings:

- The vast majority (83%) of Street Outreach participants do not have a County service history
  with a diagnosis for any serious mental illness in the five years before enrolling in Street
  Outreach services.
- 10% of Street Outreach participants (4,584 people) have been diagnosed with a psychotic spectrum disorder (PSD) within five years prior to their enrollment in Street Outreach.
- An additional 7% of participants (3,277) have been diagnosed for other serious mental illness within five years prior to their Street Outreach enrollment.
- Eighty percent of Street Outreach participants with PSD have previously received homelessness services, compared to 75% of people with Other SMI diagnoses. Only 31% of participants with no SMI have previously received homelessness services prior to enrolling in Street Outreach services.
- Within one year of enrolling in Street Outreach, 40% of participants with a PSD diagnosis are enrolled in some type of housing program, including 33.5% who enrolled in Interim Housing and 6.1% who enrolled in either Rapid Re-housing or Permanent Supportive Housing.

#### DMH Target Population

- California Department of Health Care Services (DHCS) has designated the Department of Mental Health as the Mental Health Plan (MHP) for LA County.
- MHP holds responsibility for providing or arranging for the provision of Specialty Mental Health Services (SMHS) to Medi-Cal beneficiaries for a given county.
  - SMHS means the impact of the beneficiary's condition is severe enough for him/her/them to require the services of a specialist as opposed to a generalist in the field of mental health.
  - Common diagnoses requiring specialty care include major depressive disorder, bipolar disorder, schizophrenia and schizoaffective disorder.
- Medi-Cal beneficiaries requiring non-specialty care are the responsibility of the managed care plans (e.g., LA Care, Health Net, Molina)

### Specialty Mental Health Services Include:

- Outreach & Engagement
- Assessment
- Medication Support
- Crisis Intervention
- Individual & Group Rehabilitation
- Intensive Case Management
- Peer Support

- Housing Navigation
- Individual & Group Therapy
- Vocational Rehabilitation
- Life Skills Training
- Team Conferences/Case Consultation
- Collateral Supports





### Pathways to Services

- Direct Outreach
- Referrals (generalist and multidisciplinary outreach teams, elected officials, DMH program staff, community)
- www.LA-HOP.org
- DMH 24/7 ACCESS Line: 800-854-7771
- 988

# DMH Service Access Points For People Experiencing Homelessness

- Individuals who are homeless can access any DMH service including urgent care centers, psychiatric hospitals, emergency response, community-based outpatient clinics, homeless outreach, Full Service Partnership programs and TAY drop-in centers.
- All programs are expected to help clients meet recovery goals including housing goals. This would include completing the Coordinated Entry System (CES) survey and entering it into the Homeless Management Information System (HMIS) to allow for a match to permanent supportive housing, if appropriate.
- Specialized DMH programs that target individuals who are homeless were developed to reduce barriers to access.
  - Field-based and aligned with homeless service system

#### Request Homeless Outreach





FOR LIFE
THREATENING
EMERGENCIES
CALL 911

ACCESS 24/7
Help Line
(800) 854-771



#### Elements of 988 Call Center

The 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) offers 24/7 call, text and chat access to trained crisis counselors who can help people experiencing suicidal thoughts, mental health crisis, substance use crisis or any other kind of emotional distress.

People can also dial 988 if they are worried about someone else who may need crisis support.

Emotional support via telephone, text or chat available 24/7/365 Services provided by trained mental health professionals Crisis intervention and de-escalation Risk assessment Suicide prevention and intervention Psychosocial support Referral to local area resources Follow up Mobile crisis response deployment (in development)





## Services Targeted for People Experiencing Homelessness

- Homeless Outreach & Mobile Engagement (HOME)
- Full Service Partnership (FSP)
- Assisted Outpatient Treatment (AOT)
- Outpatient Services

## DMH Homeless Outreach & Mobile Engagement (HOME)

- **HOME** Serves individuals 18 and over who are experiencing chronic unsheltered homelessness and who have profound mental health needs and associated impairments. These vulnerable and disengaged individuals struggle with securing appropriate food, clothing and shelter due to their mental illness. In addition, they may have critical deficits in hygiene and communication and are generally highly avoidant of services. They are unable to live safely in the community and require specialized mental health services to secure and sustain housing.
- Most referrals are submitted by generalist homeless outreach providers who identify individuals with severe impairment that require specialized and intensive support and engagement.

### Full Service Partnership

- Full Service Partnership (FSP) programs are designed for individuals who have been diagnosed with a severe mental illness and would benefit from an intensive service program such as those who are homeless, justice involved or repeatedly hospitalized.
  - The foundation of FSP is doing "whatever it takes" to help individuals on their path to recovery and wellness.
  - FSPs embrace client-driven services and supports, with each client choosing services based on individual needs.
  - Unique to FSP programs are a low staff-to-client ratio, 24/7 crisis availability and a team approach that is a partnership between mental health staff and consumers.
  - Services are field-based and can be provided to individuals in their homes, the community and other locations.

### Assisted Outpatient Treatment (AOT)

- Assisted Outpatient Treatment Also known as Laura's Law, which was initiated following the 2001 killing of Laura Wilcox by an individual suffering from severe mental illness.
  - Allows DMH to serve persons with a Serious Mental Illness who are at substantial risk of deterioration as a direct result of poor psychiatric treatment compliance.
  - AOT-eligible individuals are outreached in an effort to voluntarily engage them in FSP services.
  - If services are refused, AOT-LA may petition the court to order the individual into psychiatric outpatient treatment.
  - AOT-LA Program expands interagency collaboration among courts, County Counsel, Public Defender, Patients' Rights and local law enforcement.

### Outpatient Services

- Outpatient Services Clinic-based services that are targeted to individuals requiring specialty care who have a lower degree of functional impairment and are able to navigate an outpatient system (e.g., can schedule and keep appointments, navigate to the clinic, take medication independently or with assistance from their support system).
  - Services are intended to reduce psychiatric symptoms and increase independent functioning and self-reliance so that individuals can achieve their fullest and most productive life.





### DMH Housing Resources

- Interim Housing
- Enriched Residential Care Program
- Capital Investments in Permanent Supportive Housing
- Contracts with City of Los Angeles and County of Los Angeles Housing Authorities for dedicated housing resources
- Housing Assistance Program (security deposits, household goods, utility deposits and eviction prevention)
- Local housing subsidies, also known as the Flexible Housing Subsidy Pool and including the Housing for Mental Health Program (for FSP clients)

### Accessing DMH Managed Housing Resources

- DMH directly-operated and contracted providers can access the resources for their clients that are homeless
- DMH's Housing and Job Development Division facilitates a monthly Housing Liaison Meeting to provide updated housing resource information that is inclusive of DMH and non-DMH housing resources
- DMH Housing Program Guidelines and Referral Forms can be found on DMH Website dmh.lacounty.gov
- Permanent Supportive Housing resources are accessed through the County's Coordinated Entry System
  - DMH enters the resources into the Resource Management System and confirms all potential matches meet Serious Mental Illness criteria

# DMH Housing Inventory for Individuals who are Homeless

Туре	Resource	Units	Beds (Any given day)
Licensed Residential Facilities	Enriched Residential Care Program		1,003
Interim Housing	Interim Housing Program - Single Adults		546
	Interim Housing Program - Families		69
	TAY Enhanced Emergency Shelter Program		106
Federal Housing Subsidies	Continuum of Care	1,742	
	Housing Choice Voucher Program	527	
	Tenant Based Supportive Housing Program	478	
	Mainstream Voucher Program	143	
Capital Development & Operating Subsidies	Capital Development	3,875	
	management control	369	
	Flexible Housing Subsidy Pool (local subsidy)	470	
	Total	7,604	1,724

### DMH Interim Housing Program (IHP)

- IHP for Adults and Families
  - 18 sites that serve a total of 546 individuals
    - 2 sites serve older adults
    - Adult IHP sites are located in SPAs 1, 2, 3, 4, 5, 6, 7
  - 6 sites targeting families with minor children that serve a total of 69 families
    - Family IHP sites are located in SPAs 2, 4, 6, 7
- TAY Enhanced Emergency Shelter Program (EESP)
  - 8 sites totaling 106 beds
    - TAY EESP sites are located in SPAs 2, 4, 6

#### Interim Housing Providers

#### IHP providers include:

- The People Concern
- LA Family Housing
- The Salvation Army
- Union Station
- First to Serve
- TAY EESP providers include:
  - Ella's Foundation Tampa
  - Covenant House
  - The Salvation Army/The Way In

- SRO Housing Corporation
- Weingart
- St. Vincent De Paul
- Special Services for Groups
- Testimonial

- LGBT/Youth Center
- Good Seed

#### Enriched Residential Care Program

- Licensed Residential Care Programs
  - Licensed by the California Department of Community Care Licensing
  - Facility types include:
    - Adult Residential Facilities (ARFs) aka Board and Cares
    - Residential Care Facilities for the Elderly (RCFEs) aka Assisted Living Facilities
  - An important housing resource for those highly vulnerable individuals that need care and supervision
  - ERC program pays SSI rate for individuals without income that need this type of housing (e.g., individuals on conservatorship or leaving a higher level of care)
  - ERC will pay an Enhanced Services Rate for DMH clients in ARFs and RCFEs that have complex needs (approx. \$1,000/month)

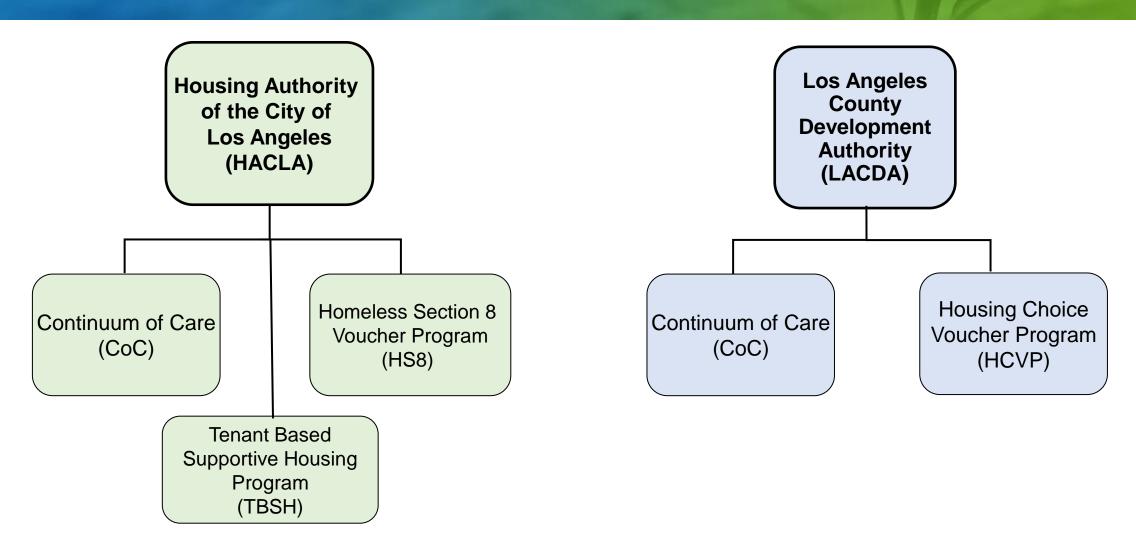
### Enriched Residential Care Program

- DMH currently serves approx. 1,000 individuals through its ERC program
- Can work with any licensed facility that will accept the referred client and DMH funding
  - Currently have 103 ERC facilities
- Capacity will grow with the State Community Care Expansion funding that is coming to Los Angeles
  - Approx. \$19 million to be used over 5 years
  - Will receive in 2023
  - With a \$1,000/month Enhanced Services Rate, DMH will be able to serve approximately 234 clients daily

### Housing Assistance Program

- Household Goods (Furniture, Housewares, Linens and Appliances)
- Security Deposits
- Eviction Prevention
- Utility Deposits
- Short-Term Rental Assistance

# Federal Housing Subsidies Contracts with the Housing Authorities (15 current contracts)



### MHSA-Funded Capital Investments

ALLOCATION OF MHSA FUNDING 2008 - Present					
Allocation	Capital Development	Use of Funds	Underwriter		
\$744 Million	No Place Like Home	Capital Development			
\$115 Million	Mental Health Housing Program	Capital Development NOFA 23 A	Los Angeles County Development Authority (LACDA)		
		Capital Development NOFA 24 A			
		Capital Development/ Veterans Only			
		Capital Development/ Alternative Housing Model			
\$155 Million	Special Needs Housing Program	Capital Development	California Housing		
	MHSA Housing Program	Capital Development And Operating Subsidy	Finance Agency (CalHFA)		
\$1.014 Billion	= TOTAL ALLOCATION				

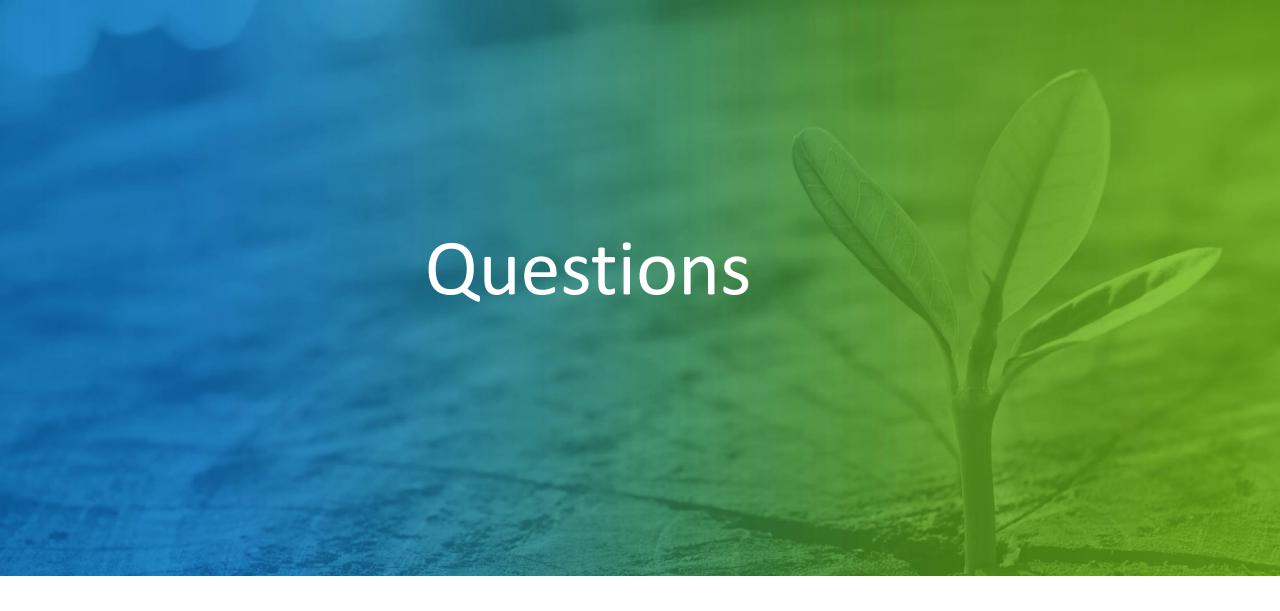
# Supportive Services In PSH: An Integrated Care Model

- County provides comprehensive services to tenants of Permanent Supportive Housing to achieve long-term stability and improved health and well-being
  - Intensive Case Management Services through Department of Health Services
  - Housing Supportive Services Program (HSSP) through DMH
  - Client Engagement and Navigation Services (CENS) Program through Department of Public Health Substance Abuse Prevention and Control
- HSSP provides on-site specialty mental health services to those with Serious Mental Illness including individual and group therapy, medication support, crisis intervention and support in managing symptoms of mental illness and achieving recovery goals

#### **HSSP**

- DMH currently has 17 HSSP providers serving 161 sites and is in the process of expanding the network of providers
- HSSP providers include:
  - Alcott Center for Mental Health Services
  - Enki Health Services, Inc.
  - Exodus Recovery, Inc.
  - Heritage Clinic and the Community Assistance Program for Seniors
  - Hillview Mental Health Center, Inc.
  - JWCH Institute, Inc.
  - Kedren Community Health Center, Inc.
  - Mental Health America of Los Angeles (MHALA)
  - Penny Lane Centers

- San Fernando Valley Community Mental Health Center, Inc. (SFVCMHC, Inc.)
- Southern California Health & Rehabilitation Program (SCHARP
- Special Service for Groups, Inc. (SSG)
- St. Anne's Family Services
- St. Joseph Center
- Step Up on Second Street, Inc.
- The People Concern
- Wellnest Emotional Health & Wellness





#### HOMELESS POLICY DEPUTIES OCTOBER 13, 2022 MEETING SUMMARY VIA TELECONFERENCE CALL

DEPUTIES IN ATTENDANCE:

•	Daniella Urbina, First District Isela Gracian, Second District Lily Sofiani, Second District Rachael Simon, Third District	<ul> <li>Tanya Ortiz, Third District</li> <li>Ivan Sulic, Fourth District</li> <li>Tyler Cash, Fifth District</li> </ul>
	ITEMS/PRESENTERS	ACTIONS/NEXT STEPS
I.	Welcome and Introductions - Lily Sofiani, Second District	N/A
II.	LAHSA System Key Performance Indicators	No additional follow up.